What is Bullying?

Deliberate

The person is doing it on purpose to hurt, harm, or upset someone else.



Repeated

The person does it more than once and when they know it's causing upset.



Targeted

The person is doing it to someone who is a less powerful* person.



*One child clearly has power over the other(s), which may be due to age, size, social status, and so on.

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What is Conflict?

Free to express

Disagreement or argument where people are free to express their views.





Equal

There is equal power between the people.

Change happens

Generally stop and change behaviour when they realize it is hurting someone.



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What is a mean moment?

Not planned

Seems to happen by chance, spontaneously.





Anyone

May be aimed at any person nearby.

Unexpected

Unkind things are said impulsively and may be regretted later.



A mean moment is sometimes saying or doing unkind things – such as making fun of others, using a hurtful name, leaving someone out, or "budging" in line. Mean behaviour is hurtful.

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